

Folk Arts Center of New England  
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**Bulgarian Dance Workshop with Nina Kavardjikova**  
**Saturday, June 19, 2021**

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POTENTIAL DANCES FOR THIS WORKSHOP:

**1. IZRUCHANKA**

*From:* Village Of Gradets, Vidin Area, Mizia  
*Rhythm:* 2/4 (Q, Q) or 1&, 2&  
*Formation:* Mixed line, open circle, hands in belt-hold position (your left arm over neighbor's right arm)

**2. DZUP, DZUP**

*From:* Rhodopes, Thrace  
*Rhythm:* 7/8 (S, Q, Q) or 1&, 2, 3  
*Formation:* Open circle, hands in W- position.

**3. KLOTSA**

*From:* Village Of Kosovo, Vidin Area, Mizia  
*Rhythm:* 2/4 (Q, Q) or 1&, 2&  
*Formation:* Mixed line, open circle, belt-hold position (your left arm over neighbor's right arm)

**4. DEKA NABRA / ADJI DAMBO**

*From:* Village Of Dobarsko, Gotse Deltchev Area, Pirin  
*Rhythm:* 5/8 (Q, S) or 1, 2& / 2/4 (Q, Q) or 1&, 2&  
*Formation:* Closed mixed line, belt-hold position (your left arm over neighbor's right arm)

For more information, contact Nina:

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Materials for this workshop are available from the Folk Arts Center's "Little Shop of Horas" at <https://store.facone.org/> under "Workshop Materials."