

Folk Arts Center of New England  
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**Albanian and Breton Dance Workshop with  
SIBYLLE HELMER**

Saturday, February 20, 2021

Contact Sibylle for more information:

- Email: [sibylle@dansevent.nl](mailto:sibylle@dansevent.nl)
- website: [www.dansevent.nl](http://www.dansevent.nl) (but sorry everything is in Dutch....)

Materials for this workshop will be available from the Folk Arts Center's "Little Shop of Horas" at <https://store.facone.org/> under "Workshop Materials."

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**ALBANIAN DANCES**

- Vallja e ditëlindjes (birthday anniversary dance)
  - ❖ music: Albanian from Kosovo
  - ❖ source: arranged by Lisette Langeveld, June 2018
- Ani kaj luliye (Cry, Flower)
  - ❖ music: Albanian from Macedonia
  - ❖ source: arranged by Sibylle Helmer

**BRETON DANCES**

- An dro
  - ❖ music: various melodies for An dro
  - ❖ source: traditional Breton dance
- An dro roumaneg (Roumanian An dro)
  - ❖ music: fusion - Roumanian musicians and Breton language
  - ❖ source: arranged by Sibylle Helmer
- Valse écossaise (Scottish waltz)
  - ❖ music: various melodies for Valse écossaise
  - ❖ source: fest-noz (dance parties in Brittany, France)